

## Pink Lady® steak and apple bowl



## Created by: Heleen Meyer

## Ingredients:

- Steak cubes
- 60ml olive oil
- 15ml soya sauce
- 15ml fresh ginger
- fresh chopped chilli
- 15ml fresh chopped coriander
- 15ml fresh chopped mint leaves
- Basmati rice
- Cucumber ribbons
- Pink Lady® apple wedges, slices and cubes

## Method:

- 1. Marinate steak cubes in a mixture of the olive oil, soya sauce, ginger, chilli, coriander and mint leaves
- 2. Pan-fry meat and dish up on basmati rice
- 3. Add cucumber ribbons and Pink Lady® apple wedges, slices and cubes
- 4. Garnish with a handful of fresh mint and coriander





